

TOTAL COST OF TRAVEL & ACCOMMODATION

€1,095 PER PERSON SHARING*

FUNDRAISING: €1500 MINIMUM

INCLUDED IN YOUR PACKAGE

-  Return Aer Lingus flights Dublin to Santiago
 -  10kg checked in bag (24 x 40 x 55cm)
 -  Coach transfers between Santiago airport and hotels
 -  4 Nights in 4 star hotel in A Coruña
3 Nights in 3 star hotel in Santiago
 -  Breakfast and evening meal each day
 -  Coach transfers between hotel and walk stages
 -  Official Cathedral de Santiago Passport
 -  Expert guide throughout
 -  6 Walking days
-
-  * €365 single room supplement

PAYMENT SCHEDULE

Registration Fee	€300.00
Balance paid by 7 April 2023	€795.00 €1,160.00* for single room booking
Fundraising lodged prior to departure 15 May 2023	€1,500 Minimum

We are here to help you reach your fundraising target. If you need any help or advice please ring

Mary at **021 422 6655** or email **mary@breakcancer.ie**

CAMINO DE SANTIAGO

CAMINO INGLES

MAY 15 - 22, 2023



JOIN US AS WE WALK

TO RAISE FUNDS FOR VITAL
CANCER RESEARCH

Journey with us on the world famous Camino de Santiago on the Camino Ingles, from Ferrol to Santiago de Compostela, walking through the lush green landscapes, taking in medieval castles, ancient villages, panoramic views and sampling the local cuisine and culture of the Camino de Santiago.

breakthrough
CANCER RESEARCH



Contact Mary at **021 422 66 55**
or **mary@breakcancer.ie**

travel arrangements provided by Adriatic Travel Ltd. T/A Marian Pilgrimages
which is licensed & bonded by Commission for Aviation Regulation TO 142

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Our Route

This northern route to Santiago became known as the “Camino Ingles” or the “English way” as it was the route taken by pilgrims who arrived in the northern ports of Ferrol and A Coruña travelling from Britain, Ireland and Northern Europe in the middle of the Middle Ages. The route from Ferrol that we will take is 116km long which we will spread over 6 days of walking.

Pre Trip Information

We will invite participants to a pre trip information event in March where you can ask our expert Tour Leader any questions you may have. You'll also find out more about the work that Breakthrough Cancer Research does and meet other participants that will be walking the Camino Ingles with you.

OUR ITINERARY

Day 1, Monday - Depart Dublin

Check - in at Dublin Airport for your direct Aer Lingus flight to Santiago de Compostela, on arrival you will be met by your guide and transferred to your hotel in A Coruña where you will stay in the 4 star AC Coruña Marriott Hotel or similar for 4 nights.

Day 2, Tuesday - Ferrol to Neda

Walk 15.5km approx. - 3hrs

After breakfast depart your hotel with your walk guide for a transfer to Ferrol to begin your walk. The first stage to Neda is alongside the dramatic Ria Ferrol with a mix of city pavements, quiet country lanes, boardwalks, and woodland paths. The terrain is generally undemanding (level). At the end of today's walk you will have time to relax and refresh before being picked up by your coach and returned to your hotel for dinner.

Day 3, Wednesday - Neda to Pontedeume

Walk 16km approx. - 3hrs 15mins

Enjoy your breakfast at the hotel and take the coach back to Neda. Leave Neda to take the delightful path alongside the estuary through Neda. There is a lovely beach at A Madalena which is a great spot to rest and relax. You will have time at the end of today's walk to explore Pontedeume before being collected by your coach and returned to your hotel for dinner.

Day 4, Thursday - Pontedeume to Betanzos

Walk 20km approx. - 4hrs

From Pontedeume the trail climbs up to give a spectacular view over Betanzos, Ares and Ferrol. The trail continues onto Mino by the way of a medieval stone bridge over the Baxio river. The town of Betanzos has some of the most interesting and artistic historical buildings in Galicia. Here you will meet your coach and return to your hotel.

Day 5 - Betanzos to Bruma

Walk 25km approx. - 5hrs

We pack up our bags and leave A Coruña and take the coach to Betanzos. Leave the coach and your bags to begin your days walk, a demanding stage with a steep climb out of Betanzos and into Hospital de Bruma.

Bruma is a small but delightful hamlet. Here you will be met by your coach and transferred to your 3-star hotel Hotel Gelmirez in Santiago where you will be reunited with your bags and check in for 3 nights.

Day 6 - Bruma to Sigueiro

Walk 26km approx. - 5hrs

A gentler stage as we descend towards Sigueiro. Most of the day is spent on quiet country lanes relieved by stretches on earth paths through woodland that offers shade. Some of the highlights today are the lovely historic Horreo, the 18th century Igrexa de San Paio de Buscas in A Rua town and the impressive colours of the forest. Pick up and return to hotel.



Day 7 - Sigueiro to Santiago

Walk 16km approx. - 3hrs

After breakfast, we take the short drive (20min) to Sigueiro. After crossing the Sigueiro Bridge over the Tambre river, we continue into the municipality of Santiago. The way continues along the river and leads to the “Fonte do Ingles” (The English Fountain). The way soon reaches Meixonfrio, site of the old inn where pilgrims and travellers would stop and rest. After passing a pre - Roman hill fort, where, according to the tradition each passing pilgrim would lay a stone on the already exiting pile, the Camino enters Santiago to reach its imposing cathedral. Here you can enjoy your achievement and witness the newly restored Cathedral and attend the pilgrim mass.

Day 8 - Day of Departure

Free morning in Santiago before leaving hotel at lunch time for transfer to Santiago Airport for the return flight to Dublin.